

Freedom of Information request 516-19

Request

1. How many adolescents have been placed in adult Intensive Psychiatric Care Unit within your region broken down for each of these years: 2018, 2017, 2016, 2015 and 2014?
2. What is the average length of stay for an adolescent in an Intensive Psychiatric Care Unit within your region broken down for each of these years: 2018, 2017, 2016, 2015 and 2014?
3. What is the youngest age of an adolescent being held in an Intensive Psychiatric Care Unit within your region broken down for each of these years: 2018, 2017, 2016, 2015 and 2014?
4. What is the longest time period an adolescent has been held in an Intensive Psychiatric Care Unit within your region broken down for each of these years: 2018, 2017, 2016, 2015 and 2014?
5. How many Child and Adolescent Mental Health (CAMH) unit in-patient beds are available within your region?
6. How many patients have been held in "seclusion" (confined to their rooms) within Child and Adolescent Mental Health (CAMH) units in your region broken down for each of these years: 2018, 2017, 2016, 2015 and 2014?
7. What is the longest time period a patient has been held in "seclusion" (confined to their rooms) within Child and Adolescent Mental Health (CAMH) units in your region broken down for each of these years: 2018, 2017, 2016, 2015 and 2014?
8. What is the average duration of seclusion in Child and Adolescent Mental Health (CAMH) units in your region broken down for each of these years: 2018, 2017, 2016, 2015 and 2014?
9. What is the youngest age a patient has been held in "seclusion" (confined to their rooms) within Child and Adolescent Mental Health (CAMH) units in your region broken down for each of these years: 2018, 2017, 2016, 2015 and 2014? It is due to open in 2021.
10. What alternatives are considered to placing an adolescent in an Intensive Psychiatric Care Unit with adults?
11. What provision has been made at each Child and Adolescent Mental Health (CAMH) unit and Intensive Psychiatric Care Unit in your region to ensure that visits can take place privately and without interference from other patients?
12. Are private visiting rooms available at each Intensive Psychiatric Care Unit within your region?
13. What guidance is issued regarding the placement of adolescents in seclusion within CAMHS units? I request that you supply documents in relation to this.
14. What guidance is issued regarding the placement of adolescents in seclusion within Intensive Psychiatric Care Units? I request that you supply documents in relation to this.
15. What guidance has been issued regarding the safeguarding of adolescents placed alongside adults in Intensive Psychiatric Care Units within your region? I request that you supply documents in relation to this.

16. What policies are in place or guidance that has been distributed within your region regarding visits to:
- a. Intensive Psychiatric Care Units and;
 - b. Child and Adolescent Mental Health units?

Response

- 1-4. NHS Borders has had no adolescents admitted to an Intensive Psychiatric Care Unit at any point during the years specified.
- 5-9. NHS Borders has no CAMHS inpatient facilities.
10. Where inpatient facilities are needed, NHS Borders would look to refer to a Young Persons Unit (YPU) in Edinburgh. If no beds are available in Edinburgh then another YPU in Central Scotland would be approached.
11. This information would be held by the YPU to which the patient has been sent. Under Section 17 of the Freedom of Information (Scotland) Act 2002 this information is not held by NHS Borders.
12. No facility used.
- 13-15. NHS Borders has no such facility.
16. This information would be held by the YPU to which the patient has been sent. Under Section 17 of the Freedom of Information (Scotland) Act 2002 this information is not held by NHS Borders.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **516-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.