

Freedom of Information request 545-19

Request

I would like to request the following information:

1. How many admissions to A&E have there been because of anxiety in the last 10 years?
2. How many referrals to mental health services because of anxiety have their been in the last 10 years?

Can I please request the figures for each calendar year?

Response

1. Please find below the number of admissions to A&E due to anxiety related symptoms:

Year	Total
2009	22
2010	28
2011	50
2012	74
2013	91
2014	97
2015	99
2016	85
2017	96
2018	93
2019	115

2. NHS Borders does not record reasons for referral on their electronic systems therefore this data would only be held in a patient's notes and to extract this data would require a manual trawl of all records and the cost of carrying out this work would exceed the limit set in the Fees Regulations of the FOI(S)A 2002 and therefore we are not required to provide.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **545-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the

Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle,
Doubledykes Road, St Andrews, Fife.