

## Freedom of Information request 561-19

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### Request

I would be grateful if you could supply to following information under the FOI Act:

1. The Board's current service provision for people with Eating Disorders – both for under 18's and adults.
2. A breakdown of the staffing (profession, grade and wte) who have dedicated time to provide this service.

### Response

1. Within NHS Borders, treatment for individuals with an eating disorder is provided through the multidisciplinary community mental health teams.

For those under 18, this is provided by the Child and Adolescent Mental Health Team. Adults are treated within their local Community Mental Health Team.

If an inpatient admission is required, patients are either accommodated in Huntlyburn inpatient ward or the regional eating disorder unit in Livingston, depending on their needs.

2. In addition, there is also dedicated provision from Clinical Psychology and Dietetics as follows:

Band 8a Clinical Psychologist 0.6 WTE providing input to those 16+ with a diagnosed eating disorder.  
Band 7 Dietitian 0.8 WTE providing input to both children and adults with a diagnosed eating disorder.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **561-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.