

Freedom of Information request 317-20

Request and Response

1. Please enter the name of your Health Board – **NHS Borders**
2. Do you have a named person within the Health Board who is responsible for liver disease?

Yes

If yes, please answer Q3 and then move to Q5
If no, please answer Q4 and then move to Q5

3. Please provide the details of the person responsible for liver disease within the Health Board

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Dr Jonathan Fletcher jonathan.fletcher@borders.scot.nhs.uk &
Dr Jonathan Manning jonathan.manning@borders.scot.nhs.uk

4. In the absence of a named contact for liver disease at the Health Board, please provide the details of the person who should be contacted regarding liver health

Not applicable

5. Do you have a commissioned pathway for:
 - a) the interpretation of abnormal liver blood tests?
 - b) responding to liver disease more generally?

a) Yes
b) Yes

If answer to any of these is yes, please move to Q6
If answer is no pathways for either, please move to Q9

6. Does it include an endorsed pathway for the management of abnormal liver blood tests that follow the BSG guidance?

Yes. BSG Guidance with NHS Lothian/NHS Borders alterations

7. Is liver fibrosis assessment part of your pathway?

Yes, where required

If yes, please move to Q8
If no, please move to Q9

8. Please indicate how fibrosis is assessed. Please tick all that apply

Fibroscan (transient elastography), FIB-4 score and Hyaluronic acid

9. Do you have an additional pathway that proactively case-finds individuals who may be at high-risk of liver disease?

e.g. people with diabetes or for those who drink alcohol at harmful levels

No, but assessed if they present to A&E/General inpatient medicine

If yes, please move to Q10

If no, please move to Q12

10. How does your pathway define individuals as high risk of liver disease? Please tick all that apply

Diabetes, Alcohol risk, Obesity (partly), Obesity with other metabolic risk factors, risk factors for viral hepatitis

11. How are these individuals identified? Please tick all that apply

At annual chronic disease/year of care review, during the NHS health check (sometimes), using IT system prompts/pop-ups (in Primary Care)

12. Does the Health Board monitor the breadth of adoption and efficacy of pathways in primary care your area?

No

If yes, please move to Q13

If no, please move to Q14

13. Where are these statistics published?

Not applicable

14. Are you aware of the current available statistics relating to liver disease in your area and do you monitor these?

Yes, Scottish Government data received 6-12 months

15. Would you be willing to share your pathway information with other Health Boards for best practice purposes?

No

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **317-20** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the

Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle,
Doubledykes Road, St Andrews, Fife.