

Freedom of Information request 11-21

Request

I would like to request the following information:

1. How many people have been admitted to hospital for treatment for an eating disorder (e.g. anorexia, bulimia) since March 2020? (Breakdown of month by month figures)
2. How many patients being treated for eating disorders have been moved to alternative wards/hospitals because of a lack of space/beds? (Month by month breakdown)
3. What is the average age of patients by admitted to hospital for eating disorder treatment since March 2020?
4. How many patients are currently being treated for eating disorders throughout your health board? (Breakdown of patients per hospital in health board)
5. Of the hospital admissions for eating disorders over the last 5 years – what conditions (e.g. anorexia) were treated (breakdown of numbers per condition)?
6. How much capacity remains for the treatment of eating disorder patients throughout your health board (once taking current patients in to account)?

Response

1. The table below details the number of patients living in the NHS Borders area admitted to hospital for an eating disorder, broken down by month between March 2020 and December 2020:

Month	Patients
March	7
April	<5
May	<5
June	0
July	<5
August	<5
September	<5
October	0
November	<5
December	0

2. No patients being treated for eating disorders have been moved to alternative wards/hospitals as a result of a lack of space/beds in the period requested.
3. The average age of the patients admitted over this time period is 24.
4. There are no current in-patients in NHS Borders for eating disorders.

5. Patients living in the NHS Borders area admitted to hospital have been treated for the following conditions between 2016 and 2020:
 - Anorexia Nervosa (70 admissions)
 - Atypical Anorexia Nervosa (5 admissions)
 - Atypical Bulimia Nervosa (<5 admissions)
 - Unspecified Eating Disorder (28 admissions)

6. NHS Borders does not have specialist beds for eating disorder patients.

Please note that as the number of events in some areas is very small and in accordance with the Code of Practice for Official Statistics for any number that is less than five, actual numbers and potentially identifiable information are withheld to help maintain patient confidentiality due to potential risk of disclosure. Further information is available in the [ISD Statistical Disclosure Control Protocol](#).

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **11-21** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.