

NHS Borders

Joint Prescribing Formulary

Nutrition and Blood (Paediatrics)

Black Text	Drugs which may be prescribed by all prescribers
Pink Text	Drugs which are either for specialist only prescription or for specialist initiation, with prescribing transfer to GP

Important Information:

In addition to the disclaimer on NHS Borders website the following information is included confirming that the information contained in NHS Borders Joint Prescribing formulary is drawn from several sources, including BNF & BNF for children, product SPCs, local and national guidelines, local expert opinion, Lothian Joint Formulary and these are all gratefully acknowledged here.

NHS Borders has done its utmost to ensure the information in the BJF is accurate and reliable, but NHS Borders cannot guarantee that the information is complete and accurate. Prescribers are referred to the SPCs, BNF and BNF for children to confirm prescribing information.

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Iron (oral)

Ferrous fumarate	<p>Capsules 305mg. Liquid 140mg/5ml</p> <p>Dose: refer to BNF for children</p>
Sodium feredetate (Sodifer)	<p>Oral solution 190mg/5ml</p> <p>Dose: refer to BNF for children</p> <ul style="list-style-type: none"> Prophylaxis of iron deficiency in neonates born < 35 weeks gestation or < 1.8kg body weight; commencing once on full enteral feeds and 6 weeks old, 0.2mL/kg daily until full weaning diet (at least 9 months corrected age)

Vitamins

Multivitamins

Abidec	<p>Vitamins A, B group, C and D</p> <p>Dose: refer to BNF for children</p> <ul style="list-style-type: none"> Dalivit is an alternative preparation if abidec is unavailable. Abidec or dalivit deliver standard prevention doses of vitamin D.
Paravit- CF	<p>Liquid, capsules</p> <ul style="list-style-type: none"> Supplementation for patients with cystic fibrosis with pancreatic insufficiency <p>Dose:</p> <ul style="list-style-type: none"> Age 0-1 year: 0.125ml liquid once daily Age 1-8 years: 0.25ml liquid or 1 capsule daily Age >8 years: 0.5ml liquid or 2 capsules daily

Vitamin D and analogues

- **Refer to RCPCH guide for vitamin D in childhood for full information and the doses included below are based on this guide.**
- Abidec or dalivit deliver standard prevention doses of vitamin D
- Treatment of vitamin D deficiency should be for up to 12 weeks dependent upon the severity of the disease and the patient's response to treatment, followed by the appropriate long term maintenance therapy, advised by the paediatric specialist team.
- Preparation appropriate to age of child and ability to take is prescribed

Fultium D3	<p>Oral solution containing 2740 IU Colecalciferol/ml.</p> <ul style="list-style-type: none"> • equivalent to 68.5 micrograms/ml vitamin D₃. • 3 drops contains 200 IU Colecalciferol (vitamin D₃) <p>Standard prevention doses:</p> <ul style="list-style-type: none"> • Newborn up to 1 month: Dose: 6 drops (400 units) daily. • 1 month to 18 years. Dose: 6 drops (400 units) daily <ul style="list-style-type: none"> ○ Up to 1,000 units daily can be given <p>Treatment of deficiency with symptoms:</p> <ul style="list-style-type: none"> • Newborn to 6 months. Dose: 15 drops (1,000 units) daily. <ul style="list-style-type: none"> ○ Up to 3,000 units can be given daily ○ Duration of treatment is 4- 8 weeks followed by long term maintenance dose
Colecalciferol	<p>Tablets 1000 units, 5000 units. Dispersible tablets 2000 units</p> <p>Treatment of deficiency with symptoms</p> <ul style="list-style-type: none"> • Duration of treatment is 4- 8 weeks followed by long term maintenance dose <ul style="list-style-type: none"> ○ 6months to 12 years. Dose: 6000 units daily ○ 12 to 18 years. Dose: 10,000 units daily