



Speech & language
therapy

English as an Additional language in under 5's

Speaking more than one language is an asset. In fact 60 – 70% of the world's speakers are estimated to be bilingual or multilingual, meaning they speak more than two languages fluently. Here are some of our top tips to help your child with learning language skills:

Rhyme
time

Have fun with rhymes, poems and songs in your own language

Say
what
you see

Talk to your child in your own language about what you are doing together -when you are changing their nappy, bathing or feeding them.

Repeat
back

Talk to your child about what they did at playgroup or nursery in your language. If they use English words, repeat what they said using your language. Do not correct them or make them use your language

Story
time

Tell your child stories in your language. Encourage them to join in.

Read
together

Try to find books in your own language for your child, or try making your own

Build confidence

Help your child feel proud of your language. If they speak more than one language, teach them the names of the languages.

For more information on the Speech and Language Therapy Service (including how to request support from us) please see: <http://www.nhsborders.scot.nhs.uk/slt>
[Check out our Wee Talk Borders Facebook page](#) or you can call us on 01896 826710