

Stammering Advice in the Early Years:

Speech & language therapy

Let's talk about bumpy talking!

Between the ages of 2 and 5 years it is normal for children to repeat words and phrases. But did you know...?

There are some signs that your child may need some help with their bumpy talking:

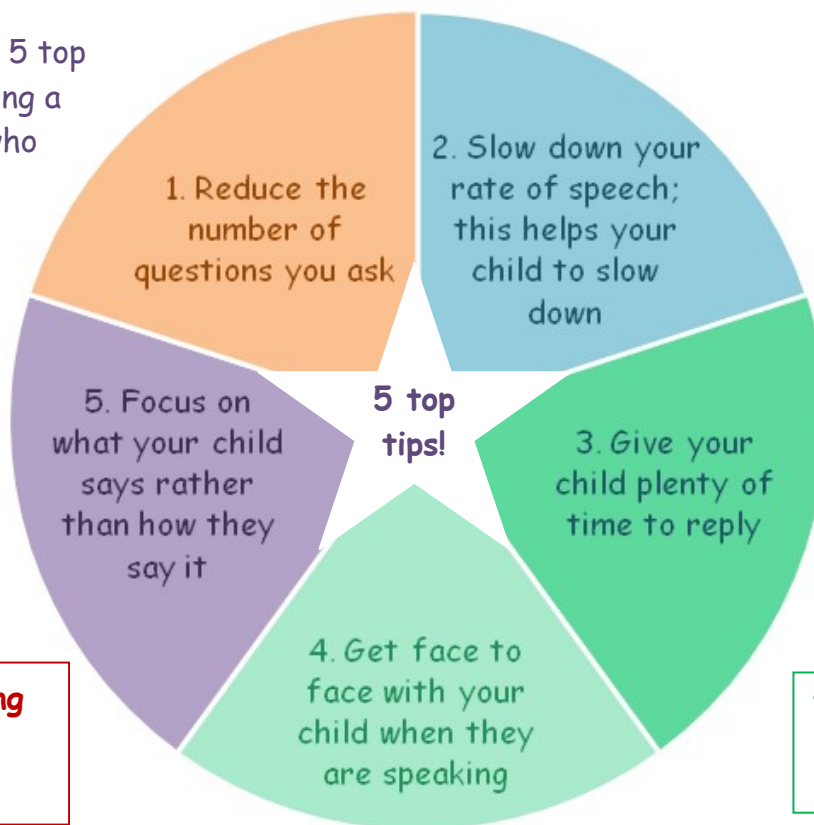
getting stuck on or repeating sounds:
"...Can I play?" or "C.C.C.Can I play?"

repeating parts of words:
"mu-mu-mu-mummy"

stretching sounds out:
"I see the buss coming."

giving up or becoming frustrated when trying to talk

Here are our 5 top tips for helping a young child who stammers:



Things to avoid saying to a young child who stammers:

Try saying:

Slow down!

Why don't you stop and start again?

Take your time!

I'm listening!

Can you show me?

For more information on the Speech and Language Therapy Service (including how to request support from us) please see: <http://www.nhsborders.scot.nhs.uk/slt>

Check out our Wee Talk Borders Facebook page or you can call us on 01896 826710