

## Getting ready for the day ahead

|   |                           |  |
|---|---------------------------|--|
|    | Wake up                   |  |
|    | Toilet                    |  |
|    | Wash                      |  |
|  | Brush your teeth          |  |
|  | Get dressed               |  |
|  | Make your bed             |  |
|  | Eat your breakfast        |  |
|  | Check what you need today |  |
|  | Get your bag ready        |  |