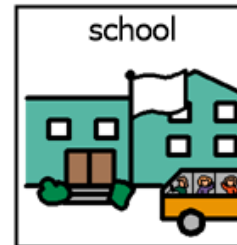
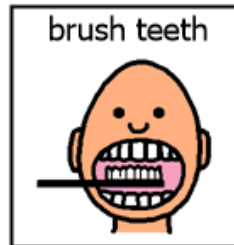


Morning and Night Routines

My Morning Routine



My Bedtime Routine

