

## Background

ADP Ministerial Priorities provide a set of recommendations for local partners to help meet the holistic needs of all family members affected by alcohol and drug related harms. This includes families where children are impacted by parental substance use and adult family members experiencing the impact of a loved one's use.

In November 2021 the Alcohol & Drugs Partnership (ADP) and Children and Young People's Leadership Group (CYPLG) issued a questionnaire to team leaders and managers of services who work with children in Borders to assess what support is currently available in Borders to support children and young people impacted by another's alcohol and drug use.

## Results

56

Responses were received from a range of services

73%

Of participants reported they worked with children impacted by another's alcohol and drug use at some level and were confident that their staff were able to identify impacted children

53%

Felt confident that staff can discuss this issue with impacted children

34%

Felt confident to discuss with the family member about whom they have a concern

## Actions from Audit

- Issue feedback on findings to people who participated and include support available in Borders (this document).
- ADP to work with key partners to develop briefing sessions.
- Confirm a targeted workforce programme for identified staff groups in WFA practice.

## Support for children & young people affected by a loved one's alcohol or drug use



### Chimes: Action For Children provide support to

- Young people under the age of 18 who are impacted by parental/carer alcohol or substance use. This can be current or historical use and the parent/carer does not have to be currently living with the child/young person.
- Parents/carers whose current or historical alcohol/substance use is likely to have an impact of their children/unborn baby.

**Chimes@actionforchildren.org.uk**  
**Tel - 01896 750173**

## Support for young people's wellbeing



### Quarriers Resilience for Wellbeing Service

Our Service focuses on prevention and early intervention to aid and improve young people's mental health.

Our Practitioners are based in each of the Secondary Schools and help young people to build the confidence needed to achieve their goals and develop the resilience to cope when times are tough. The aim is for the young person to be able to manage life's ups and downs more effectively when feeling anxious, stressed, worried, overwhelmed, or low and prevent their getting drawn into damaging risk-taking behaviours.

Quarriers also offers community-based support and guidance to young people out with education up to the age of 18.

**borders@quarriers.org.uk**  
**Tel - 01896 668411**  
**Text - 07937986558**

## Support for children & young people affected by domestic abuse



### CEDAR – Children Experiencing Domestic Abuse Recovery group work programme

This 12 week group work programme for mothers and children uses a psycho-educational and therapeutic approach to help both mothers and children start to recover from their experiences of domestic abuse. The 12 week programme also uses a peer support model for both mothers and children.

Referrals can be accepted for children 5yrs – 16yrs from any agency where they feel the family are in the early stages of recovery i.e. are living free from harm and abuse, have a memory of the abuse and consent to being part of CEDAR.

**cedar@scotborders.gov.uk**  
**Tel – 01835 824000 or 07855090115**



### Children 1st - Domestic Abuse Community Service (DACS)

Our service provides medium to long term trauma recovery focused, person centred and family minded support to any child and young person (aged 25 and below) and their family, who has historic or current experience of domestic abuse. Robust risk assessment and safety planning combined with recovery focused practical and emotional support will ensure that children, young people will feel safer, with improved wellbeing and optimism for the future.

**ettrick@children1st.org.uk**  
**Tel - 01750 22892**

## Contact us

for more information on training and services via our website:  
<http://www.nhsborders.scot.nhs.uk/badp>