

Freedom of Information request 105-22

Request

1. Do you collect data on:
 - a. The number of children (aged 5-15) and adults (aged 16-64) within your health board with an ADHD diagnosis
 - b. The number of children (aged 5-15) and adults (aged 16-64) within your health board awaiting ADHD assessment/diagnosis
 - c. The number of children (aged 5-15) and adults (aged 16-64) within your health board receiving pharmacological treatment/medication for their ADHD
 - d. The number of children (aged 5-15) and adults (aged 16-64) within your health board receiving non-pharmacological ADHD support services
2. If so, could you please provide the most recent data (preferably data from/between 2020-2021) for each of these electronically, broken down by gender where possible?

Response

1.
 - a. For children, we hold data on the current caseload of ADHD patients within our Child and Adolescent Mental Health Service (CAMHS). We are unable to provide retrospective data as we do not collect when the patient was diagnosed, only review dates.
For adults, NHS Borders do not hold accurate data on adults with a diagnosis of ADHD.
 - b. We only records the number of neurodevelopmental patients in CAMHS waiting for an assessment/treatment, not specifically the number of patients waiting an ADHD assessment/diagnosis.
 - c. Yea, we are able to provide the number of patients receiving pharmacological treatment/medication for their ADHD.
 - d. We can provide the number of children receiving non-pharmacological ADHD support services but cannot provide this for adults.
2.
 - a. As at 1 March 2022 there are 244 children aged 5-15 on the ADHD caseload. There are a further 53 in the age range 16-18.
The number of adults (aged 18-64) is not held electronically. The data may be held in a patient's record, but to extract this data would require a manual trawl of all patient records and the cost of carrying out this work would exceed the limit set in the Fees Regulations of the Freedom of Information (Scotland) Act 2002 and under Section 12 we are not required to provide.
 - b. We do not record the number of patients awaiting ADHD assessment/diagnosis, only the number of neurodevelopmental patients in CAMHS waiting for an assessment/treatment, therefore this information is not held, as defined in Section 17, Freedom of Information (Scotland) Act 2002.

- c. Please see the table below for the number of patients receiving pharmacological treatment/medication for their ADHD.

Please note the ages below are calculated based on patient age at 31 December 2021. The number of patients below is those who were dispensed the medicines during the time period October to December 2021:

No. of patients by age band and gender	5 - 15	5 - 15	16 - 64	16 - 64
	Female	Male	Female	Male
Atomoxetine	7	18	6	18
Dexamfetamine Sulfate	0	0	<5	6
Guanfacine Hydrochloride	<5	<5	<5	<5
Lisdexamfetamine Dimesylate	<5	23	16	23
Methylphenidate Hydrochloride	24	142	63	105

Please note that as NHS Borders is such a small Board and the number of patients are very small, to provide further details could allow individuals to be identified and we would be in breach of the Data Protection Act 2018. We are therefore withholding all other data under Section 38(1)(b) of the Freedom of Information (Scotland) Act 2002. This is in accordance with the Code of Practice for Official Statistics that any number that is less than five, actual numbers and potentially identifiable information is withheld to help maintain patient confidentiality due to potential risk of disclosure. Further information is available in the ISD Statistical Disclosure Control Protocol.

- d. As at 1 March 2022 there are 244 children aged 5-15 on the ADHD caseload. We have a further 53 in the age range 16-18. All these patients are receiving non-pharmacological ADHD support services in CAMHS. They may also be receiving pharmacological treatment/medication.

The number of adults (aged 18-64) receiving non-pharmacological ADHD support services is not held electronically. The data may be held in a patient's record, but to extract this data would require a manual trawl of all patient records and the cost of carrying out this work would exceed the limit set in the Fees Regulations of the Freedom of Information (Scotland) Act 2002 and under Section 12 we are not required to provide.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **105-22** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.