

## Freedom of Information request 143-22

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### Request

I am interested in details about specialist spasticity services offered by the board.  
Please can I be sent:

1. The names of all specialist spasticity management/treatment services, or services/clinics offering management/treatments of spasticity, and where they are based/centred?
2. Any mentions of physiotherapy and spasticity or service board correspondence since the start of 2018-2019.
3. The number of patient appointments with specialist spasticity services in the board in each of the following years:
  - 2018 -2019
  - 2019-2020
  - 2020 -2020
  - 2021 – 2022 (please provide interim figures for part of the year where full year figures are not available and indicate the months covered)

### Response

1. The Spasticity Service is based in the Borders General Hospital. Physiotherapy also have input to spasticity management across both in and outpatient services.  
NHS Borders hosts weekly Botulinum Toxin clinics, these clinics treat dystonia as well as spasticity and the Physiotherapists work jointly with the Consultant Neurologist in these clinics.  
Paediatric and Learning Disability physiotherapy teams are also embedded in multi-disciplinary clinics supporting management of spasticity and Dystonia of children and young people presenting with spasticity and adults with learning disabilities.
2. Having completed a search of all NHS Borders Board correspondence since January 2018 to December 2019 there was no board correspondence regarding Physiotherapy or Spasticity and therefore this information is not held, as defined in Section 17, Freedom of Information (Scotland) Act 2002.
3. Within NHS Borders, specialist clinics within Neurology are not separated; therefore to extract this data would require a manual trawl of records of all patients seen in the timeframe requested. The cost of carrying out this work would exceed the limit set in the Fees Regulations of the Freedom of Information (Scotland) Act 2002 and under Section 12 we are not required to provide.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **143-22** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.