

Freedom of Information request 184-22

Request

I am writing to you under the Freedom of (Scotland) Act 2002 with a view to seek answers to several questions surrounding eating disorder services provided by the health board.

1. Can you provide a list of the names and addresses, including a postcode, of all NHS facilities within your health board which provide specialist eating disorder treatment for adults.
2. If there are no specialist clinics, please provide a list of the names and addresses, including a postcode, of all NHS facilities (even if it is a GP service) within your health board which provide mental health treatment and could facilitate eating disorder services for adults.
3. Can you provide a list of the names and addresses, including a postcode, of all NHS facilities within your health board which provide specialist eating disorder treatment for children.
4. If there are no specialist clinics, please provide a list of the names and addresses, including a postcode, of all NHS facilities (even if it is a GP service) within your health board which provide mental health treatment and could facilitate eating disorder services for children.
5. For people living in rural areas, such as Wick, Caithness, where is the nearest facility to discuss mental health issues like eating disorders.

After clarification from applicant we have agreed to provide referral data for Qs 6-9.

6. Between 2018 and 2022, how many adults made an appointment to discuss an eating disorder within the health board.
7. Between 2018 and 2022, what was the average age of adults who made an appointment to discuss an eating disorder within the health board.
8. Between 2018 and 2022 how many female adults made an appointment to discuss an eating disorder within the health board.
9. Between 2018 and 2022 how many male adults made an appointment to discuss an eating disorder within the health board.

Response

1. There is no specific facility within NHS Borders that solely provides a specialist eating disorder treatment for adults, therefore this information is not held, as defined in Section 17, Freedom of Information (Scotland) Act 2002.
2. The following facilities provide mental health treatment and could facilitate eating disorder services for adults within NHS Borders:
 - South Community Mental Health Team, Community Hospital, Victoria Road, Hawick TD9 7AH
 - East/West Community Mental Health Team, Huntlyburn House, Borders General Hospital TD6 9BD

3. There is no specific facility within NHS Borders that solely provides a specialist eating disorder treatment for children, therefore this information is not held, as defined in Section 17, Freedom of Information (Scotland) Act 2002.
4. The following facility provides mental health treatment and could facilitate eating disorder services for children within NHS Borders:
 - Child and Adolescent Mental Health Service, Andrew Lang Unit, Viewfield Lane, Selkirk, TD7 4LJ
5. NHS Borders has various rural communities, if a patient wishes to discuss an eating disorder they would initially attend their GP who would then refer to the most appropriate service according to their needs.
6. From 01/04/2018 (earliest date available due to system changes) to 31/12/2021 there have been 77 patients who have received a referral appointment.
7. From 01/04/2018 (earliest date available due to system changes) to 31/12/2021 the average age was 31 years of patients who received a referral appointment.
8. From 01/04/2018 (earliest date available due to system changes) to 31/12/2021 72 patients who received a referral appointment were female adults.
9. From 01/04/2018 (earliest date available due to system changes) to 31/12/2021 5 patients who received a referral appointment were male adults.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **184-22** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.