

Freedom of Information request 264-22

Request

- 1) Of those adults who started treatment for psychological therapies in (a) 2019-20, (b) 2020-21 and (c) 2021-22, how many waited (i) 12 months, (ii) 13 months, (iii) 14 months, (iv) 15 months, (v) 16 months, (vi) 17 months, (vii) 18 months, (viii) 19 months, (ix) 20 months, (x) 21 months, (xi) 22 months, (xii) 23 months, (xiii) 24 months or more, to start their treatment following a referral.
- 2) What was the longest (number of days) any adult who started treatment for psychological therapies in (a) 2019-20, (b) 2020-21 and (c) 2021-22 waited to begin their treatment following a referral.
- 3) Of those adults currently waiting to start treatment for psychological therapies, how many have been waiting (i) 12 months, (ii) 13 months, (iii) 14 months, (iv) 15 months, (v) 16 months, (vi) 17 months, (vii) 18 months, (viii) 19 months, (ix) 20 months, (x) 21 months, (xi) 22 months, (xii) 23 months, (xiii) 24 months or more, to start their treatment following a referral.
- 4) What is the longest (number of days) any adult currently waiting to start treatment for psychological therapies has been waiting to begin their treatment following a referral.

Response

Notes:

*The information is in financial years – starting 01/04/20xx to 31/03/20xx

*The waiting list date is taken from our most up to date data run which was to 30/04/2022.

- 1) a. Of those adults who started treatment for Psychological Therapies in 2019-2020, please find data below on how many waited to start their treatment following a referral:
 - i) 12 months – 5
 - ii) 13 months – 6
 - iii) 14 months – 8
 - iv) 15 months – 7
 - v) 16 months – 5
 - vi) 17 months – 8
 - vii) 18 months – <5
 - viii) 19 months – <5
 - ix) 20 months – 0
 - x) 21 months – 5
 - xi) 22 months – <5
 - xii) 23 months – <5
 - xiii) 24 months and over – 9
- b. Of those adults who started treatment for Psychological Therapies in 2020-2021, please find data below on how many waited to start their treatment following a referral:
 - i. 12 months – 14

- ii. 13 months – 8
- iii. 14 months – <5
- iv. 15 months – <5
- v. 16 months – <5
- vi. 17 months – <5
- vii. 18 months – <5
- viii. 19 months – <5
- ix. 20 months – 0
- x. 21 months – 0
- xi. 22 months – 0
- xii. 23 months – 0
- xiii. 24 months and over – <5

c. Of those adults who started treatment for Psychological Therapies in 2021-2022, please find data below on how many waited to start their treatment following a referral:

- i. 12 months – 7
- ii. 13 months – 9
- iii. 14 months – 6
- iv. 15 months – <5
- v. 16 months – <5
- vi. 17 months – 5
- vii. 18 months – 0
- viii. 19 months – <5
- ix. 20 months – 0
- x. 21 months – 0
- xi. 22 months – 0
- xii. 23 months – 0
- xiii. 24 months and over – 0

2) Please find below the longest (number of days) any adult who started treatment for Psychological Therapies service waited to begin their treatment following a referral:

- i) 2019-20 - 1319 Days
- ii) 2020-21 - 893 Days
- iii) 2021-22 - 604 Days

3) Of those adults currently waiting to start treatment for Psychological Therapies, please find below how many have been waiting to start their treatment following a referral:

- i) 12 months – <5
- ii) 13 months – <5
- iii) 14 months – 0
- iv) 15 months – 0
- v) 16 months – <5
- vi) 17 months – <5
- vii) 18 months – 0
- viii) 19 months – <5
- ix) 20 months – 0
- x) 21 months – 0
- xi) 22 months – 0
- xii) 23 months – 0
- xiii) 24 months and over – 0

4) The longest (number of days) any adult is currently waiting to start treatment for Psychological Therapies following a referral is 600 days.

As the number of events in some areas are very small and in accordance with the Code of Practice for Official Statistics any number that is less than five, actual numbers and potentially identifiable information is withheld to help maintain patient confidentiality due to potential risk of disclosure. Further information is available in the [ISD Statistical Disclosure Control Protocol](#).

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **264-22** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.