

Freedom of Information request 420-22

Request

1. In this health board, of those patients seen, what was the average waiting time to begin treatment for an eating disorder in the financial year 2021/22? Please also provide the data for 2022/23 so far, as well as 2020/21, 2019/20, 2018/19 and 2017/18.
2. In this health board, of those patients seen, what was the longest waiting time to begin treatment for an eating disorder in the financial year 2021/22? Please also provide the data for 2022/23 so far, as well as 2020/21, 2019/20, 2018/19 and 2017/18.
3. In this health board, of those patients currently on a waiting list, what is average waiting time for beginning treatment for an eating disorder?
4. In this health board, of those patients currently on a waiting list, what is longest waiting time for beginning treatment for an eating disorder?

Response

1. In this health board, of those patients seen, what was the average waiting time to begin treatment for an eating disorder in the financial year 2021/22? Please also provide the data for 2022/23 so far, as well as 2020/21, 2019/20, 2018/19 and 2017/18.

The average waiting times in weeks to first appointment are shown in the table below by financial year of date first seen:

| Financial Year | Dietetics Service | Psychology Service |
|----------------|-------------------|--------------------|
| 2017/18 | N/A | N/A |
| 2018/19 | 2 | N/A |
| 2019/20 | 3 | 14 |
| 2020/21 | 2 | 12 |
| 2021/22 | 4 | 5 |
| 2022/23 | 3 | 5 |

NB Due to the change in patient management system it is not possible to supply data for 2017/18 or for 2018/19 for PT.

2. In this health board, of those patients seen, what was the longest waiting time to begin treatment for an eating disorder in the financial year 2021/22? Please also provide the data for 2022/23 so far, as well as 2020/21, 2019/20, 2018/19 and 2017/18.

The maximum waits in weeks for a first appointment are shown in the table below:

| Financial Year | Dietetics Service | Psychology Service |
|----------------|-------------------|--------------------|
| 2017/18 | N/A | N/A |
| 2018/19 | 11 | N/A |
| 2019/20 | 13 | 53 |
| 2020/21 | 12 | 31 |
| 2021/22 | 18 | 15 |
| 2022/23 | 12 | 5 |

3. In this health board, of those patients currently on a waiting list, what is average waiting time for beginning treatment for an eating disorder?

The current waiting list patients are shown in the table below with their average waits as at 04/09/2022:

| Financial Year | Dietetics Service | Psychology Service |
|------------------------------|-------------------|--------------------|
| Average Current Wait (Weeks) | 5 | 5 |

4. In this health board, of those patients currently on a waiting list, what is longest waiting time for beginning treatment for an eating disorder?

The maximum current waits as at 04/09/2022 are shown in the table below:

| Financial Year | Dietetics Service | Psychology Service |
|------------------------------|-------------------|--------------------|
| Maximum Current Wait (Weeks) | 11 | 5 |

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **420-22** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.