



A Meeting of the **Borders Area Drugs and Therapeutics Committee** held at 12:30pm on
Wednesday, 28th September 2022 via Microsoft Teams
MINUTE

Present: Chair - Alison Wilson (Director of Pharmacy) (AW) and New Chair Dr Kevin Buchan, GP (KB); Liz Leitch, Formulary Pharmacist; Dr Nicola Henderson, GP (NH); Cathryn Park, Pharmacist (CP); Malcolm Clubb, Lead Pharmacist – Community Pharmacy (MC); Keith Maclure, Lead Pharmacist Medicines Utilisation (KMacI); Dr Ed James, Consultant Microbiologist (EJ); Keith Allan, Public Health Consultant (KA); Dr Effie Dearden, Consultant Physician (ED); Rhona Morrison, NMP and Medicines Governance Lead (RM); Kate Warner, Minute Taker (KW)

Guests: Rebekka Mitchell, Senior Pharmacy Technician Mental Health (item 7.1); Kirsten Thomson, Lead Clinical Pharmacist (item 7.3)

Observing: Kirsten Thomson is attending to observe meeting as well as present above item.

Item	Situation; Background; Assessment	Recommendation	Lead	Timescale
1.	Apologies and Announcements: Apologies: Andrew Leitch, Lay Member Welcome new Chair – Dr Kevin Buchan; Welcome new member Malcolm Clubb replacing Adrian Mackenzie on ADTC			
2.	Declarations of Interest: None			
3.	DRAFT Minute previous meeting			
3.1	Draft minute from 27 th July 2022 meeting was approved as an accurate record of the meeting.	Upload to internet	KW	29/09./2022
4.	Matters Arising			
4.1	Shared Care Agreement process has been proposed with the intention to go through LNC first followed by Clinical Interface Group. ADTC requested that the process comes to ADTC for approval and has sight of where SCAs are available and who is responsible for them.	ADTC noted and will await paper coming to future meeting.	KB	
4.2	Ward Medicine Charts ready to print with page numbers to be included in next print run.	Forward to A Meikle	CP	31/10/2022

5.	NEW MEDICINE APPLICATIONS / NON FORMULARY REQUESTS:			
5.1	ADTC discussed not approving future non-formulary requests for Psyllium husk as this has not been approved by East Region Formulary Working group. NHS Borders has previously received and approved a number of requests for Psyllium husk from Gastroenterology and Bowel Specialist Nurse via initial NHS Lothian recommendations. The East Region Formulary Committee has reviewed a formulary application for Psyllium husk and supporting evidence was found not to be robust. Alternatives were discussed. ADTC agreed that future non-formulary requests will not be approved.	ADTC Supported non-approval of future applications.		
6.	PATIENT & MEDICINES SAFETY:			
6.1	ADTC received a Datix review update and noted that these are showing recurrent errors with additional insulin errors – this is being reviewed with the Diabetic team. Work is being done around medication safety and audit around discharge processes.	ADTC noted this update.		
7.	CLINICAL POLICIES, PROCEDURES and GUIDELINES for APPROVAL:			
7.1	NHS Borders Clozapine Handbook update (updated by Pharmacy Mental Health Pharmacist and Technician and reviewed by Mental Health Governance Group members by email). Rebekka Mitchell, Senior Pharmacy Technician Mental Health, spoke to this paper and explained contents including the inclusion of detail on community titration. RM commented that this will be carefully introduced into the community.	ADTC Approved Discuss planning Community pharmacy update sessions.	MC & RM	31/10/2022
7.2	Patient Group Directions Policy – NHS Borders – Version 6 – minor updates included.	ADTC Approved		
7.3	Kirsten Thomson, Lead clinical Pharmacist, spoke to the paper NHS Borders Code of Medicines Policy & Controlled Drug Policy; this is an amalgamated policy which has been substantially updated – hence no cover paper outlining the changes. Policy covers all areas including administration, dispensing, checking, and storage in ward area. Second checkers and healthcare support workers role discussed. Monthly updates to ward staff are planned to deliver key messages – to breakdown the sections and make this large policy more accessible. Over labelled medications are provided in wards for some common medications and this would mean staff can provide without having to go through Pharmacy in out of hours, weekends and so on.	ADTC Approved with changes and comments noted. Review wording of ward staff and discharge dispensing. To return to ADTC virtually for final formal approval.	RM/LL with KT	
8.	FOR INFORMATION and NOTING:			
8.1	AW updated ADTC on HEPMA. There has been a request for approval of direction of travel at Quality and Sustainability Board; this is going through the review and approval process in NHS Borders. There is an opportunity to partner with NHS Fife for Borders HEPMA. Other options are to go alone, to partner with Northern Boards or to do nothing. This has committees to go through and will be discussed by NHS Borders Board in December. Options appraisal has going out today and a paper is planned to go to Resources and Performance Committee in November. ADTC members expressed support for the project, acknowledging the amount of work involved to this stage and	ADTC noted this update HEPMA business case to be added to November agenda.	AW/KW	14/11/2022

	sharing views of the importance of safety and access to care. Importance of having legal arrangements in place if partnering with NHS Fife and ensure we have a fair share in the way the system is set up. Benefits for safety and formulary compliance also recognised. Issues with HEPMA elsewhere should be investigated and any comments from medics. Project team are engaging with junior medical staff who are working across the Boards and have experience of HEPMA elsewhere. Feedback is also being sought from groups within BGH. KMacI commented on the working time which would be saved in the area of FOI requests and other manual tasks if HEPMA was in use.			
8.2	ADTC received minutes from East Region Formulary Committee, meeting held 27 th July 2022 and from East Region Working Group meeting held 7 th September 2022.	ADTC noted		
8.3	ADTC noted the latest approved ERF Chapter Updates. When all Adult chapters are updated, LL will attend Primary Care Prescribing Group to summarise changes and how we handle items not included in formulary. Summary will come to ADTC for approval.	ADTC noted		
8.4	NFR Panel met and approved use of Atomoxetine – 24 th August 2022	ADTC ratified decision		
8.5	Approved NFRs – urgent decisions that did not go to panel for approval.	ADTC ratified decision		
8.6	Changes from Borders Joint Formulary to East Regional Formulary as at August 2022 – no update from previous meeting spreadsheet.			
8.7	ADTC noted July 2022 MHRA Drug Safety Update for Topiramate and risk of neurodevelopmental issues in children whose mothers were treated with Topiramate. This reminder of risks to all prescribers includes requirement for effective contraception for female patients prescribed Topiramate; the first choice in ERF Migraine section. Request to include the safety update in Prescribing Bulletin. ADTC noted the August 2022 MHRA Drug Safety Update regarding risks of selling nebulisers for use at home for children. These should only be initiated and managed by Specialists and not sold through Community Pharmacy.	ADTC noted updates and asked for information to be included in Prescribing Bulletin and information to community pharmacies.	KMacI MC	10/10/2022 10/10/2022
8.8	ADTC Collaborative Newsletter August 2022.	ADTC noted		
8.9	Sapropterin for the adjunctive treatment of Phenylketonuria	ADTC noted		
9.	FEEDBACK from SUB GROUPS			
9.1	Anticoagulation Committee – no recent meeting			
9.2	Antimicrobial Management Team – minute from meeting held August 2022. ADTC noted work completed for Scottish Antimicrobial Prescribing Group on penicillin de-labelling.	ADTC noted this update.		
9.3	Controlled Drug Governance Team – no recent meeting			
9.4	IV Therapy Group – no recent meeting; ADTC noted that the Extravasation Non SACT Policy is being reviewed nationally after which it can be updated locally – in the meantime there are guidelines in BMC and extravasation kits will be put together for emergency	ADTC noted this update.		

	drug cupboard. On-going work with nurses to ensure competencies with hickman line training.			
9.5	Medicines Resource Group – DRAFT minute from meeting held on 22 nd June 2022; ADTC noted that Financial Improvement Programme will be a focus for MRG in coming meetings.	ADTC noted this update.		
9.6	Non-Medical Prescribing Group – no recent meeting			
9.7	Tissue Viability Steering Group – no recent meeting			
9.8	Wound Formulary Group – no recent meeting			
9.9	NHS Lothian ADTC – August 2022 meeting minute unavailable			
10.	AOCB			
10.1	None			
Date and time of next meeting: Wednesday 23rd November 2022 at 12:30pm via Microsoft Teams.				
Items pending for future meeting: NHS Borders Thematic Review; Extravasation Non SACT Policy; NHS Borders Out Patient Antimicrobial Therapy SBAR				