

Freedom of Information request 572-22

Request

- 1.What is the longest period of time someone has been waiting to start treatment with Child and Adolescent Mental Health services after referral in this health board? Please provide this figure for 2018, 2019, 2020, 2021 and 2022 so far.
- 2.What is the longest period of time someone has been waiting to start treatment with Adult Mental Health services after referral in this health board? Please provide this figure for 2018, 2019, 2020, 2021 and 2022 so far.
- 3.How many children and adolescents have not been treated by Children and Adolescent Mental Health Services in the 18 weeks target referral time in this health board? Please provide this figure for 2018, 2019, 2020, 2021 and 2022 so far.
- 4.How many adults have not been treated by adult Mental Health Services in the 18 weeks target referral time in this health board? Please provide this figure for 2018, 2019, 2020, 2021 and 2022 so far.
- 5.For questions 3 and 4 how many of these people were removed from the list without ever receiving treatment? Please provide this figure for 2018, 2019, 2020, 2021 and 2022 so far, and please provide it separately for adults and children. Please also explain why they were removed from the list.

Response

1. The longest period of time someone has been waiting to start treatment with the NHS Borders Child and Adolescent Mental Health services after referral is:

Year	Longest wait in weeks
2018	39
2019	37
2020	44
2021	87
2022 to 30.09.22	102

2. The longest period of time someone has been waiting to start treatment with the NHS Borders Adult Mental Health services after referral is:

Year	Longest wait in weeks
2018	95
2019	114

2020	117
2021	85
2022 to 30.09.22	109 *

* Please note: The current longest wait of 109 weeks is a referral for a Neurodevelopment Assessment; these were paused throughout Covid and are now being seen in turn. This patient has an appointment booked for December 2022.

3. The number of children and adolescents who have not been treated by the NHS Borders Children and Adolescent Mental Health Services in the 18 weeks target referral time is:

Year	Number of patients
2018	205
2019	106
2020	48
2021	142
2022 to 30.09.22	193

4. The number of adults who have not been treated by the NHS Borders Adult Mental Health Services in the 18 weeks target referral time is:

Year	Number of patients
2018	62
2019	209
2020	285
2021	304
2022 to 30.09.22	162

5. The number of people who have been removed from the list without ever receiving treatment from the NHS Borders Children and Adolescent Mental Health Services is:

Discharge Reason	2018	2019	2020	2021	2022
Assessment complete - No care needed	65	53	30	33	30
Care incomplete - cut short by referrer	<5	0	0	<5	<5
Care incomplete - patient discharged due to non-compliance	5	31	12	12	<5
Care incomplete - patient did not attend	85	40	25	32	26

Care incomplete - self discharge	7	<5	5	8	<5
Discharged - admitted elsewhere	<5	12	0	0	<5
Moved out of area	20	10	11	13	12
Patient cannot be contacted	0	0	<5	0	<5
Patient refuses service	7	16	0	9	21
Referral closure - no further treatment appropriate	6	<5	9	5	<5
Referred to another organisation	18	12	9	5	<5
Referred to another service within the organisation	0	0	8	15	24

The number of people who have been removed from the list without ever receiving treatment from the NHS Borders Adult Mental Health Services is:

Discharge Reason	2018	2019	2020	2021	2022
Assessment complete - No care needed	63	91	71	86	89
Care incomplete - cut short by referrer	<5	5	<5	<5	6
Care incomplete - patient discharged due to non-compliance	124	119	77	433	126
Care incomplete - patient did not attend	144	193	209	195	258
Care incomplete - self discharge	32	55	18	153	40
Care incomplete - service not available	<5	<5	26	<5	<5
Discharged - admitted elsewhere	20	37	40	44	51
Moved out of area	11	25	11	31	16
Patient cannot be contacted	9	8	43	180	15
Patient died	33	34	29	57	40
Patient refuses service	61	71	79	79	606
Referral closure - no further treatment appropriate	16	19	39	34	29

Referred to another organisation	61	18	26	22	9
Referred to another service within the organisation	0	0	100	114	83

As the number of events in some areas are very small and in accordance with the Code of Practice for Official Statistics any number that is less than five, actual numbers and potentially identifiable information is withheld to help maintain patient confidentiality due to potential risk of disclosure. Further information is available in the [ISD Statistical Disclosure Control Protocol](#).

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **572-22** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.