

## Freedom of Information request 660-22

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### Request

I'm getting in touch regarding absences due to stress. I'd like to know how many staff have been off work because of stress over the past four years, from Jan 2018 up until the end of November this year

If you could offer a breakdown of the amount of stress-related absences per year (Jan to Dec) and so far this year, and confirm how many people work for the health board it would be much appreciated

### Response

Please find below the number of staff who have been off work with stress, anxiety, depression, or other psychiatric illness over the last 4 years. Please note we cannot separate out those who only have a stress related illness as this is not recorded electronically and therefore under Section 17 of the FOI(S)A 2002 not held:

Calendar Year	2018	2019	2020	2021	2022
Headcount	1	122	431	423	412

Data for 2017 not available

Data for 2018 limited to last quarter only (Oct-Dec) due to reporting system only holding limited years

Total headcount of NHS Borders staff w/c 05.12.2022 - 3,380

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **660-22** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.