

Freedom of Information request 698-22

Request

According to this 2018 document Borders NHS Board Clinical Governance Committee (modern.gov.co.uk) "The last diabetes steering group set out work streams for our work to reduce the number of people with type 2 diabetes. Agreement has been given for the appointment of a Director to lead on this work over the next few years. Appointments will be made this side of Christmas."

1. Could you provide details of the 'work streams' that were set out and an update on the current state of progress in relation to type 2 diabetes in the Scottish Borders?
2. Does the Diabetes Steering Group still exist and who are its members?
3. I am also keen to view any peer-reviewed data to support the assertion that is made in many NHS Borders information sheets and publications implicating dietary saturated fat as a cause of heart disease. Can the appropriate references either be cited or provided?
4. Could you provide a PDF copy of the most recent Public Health Annual Report for NHS Borders?

Response

1. The current workstreams in NHS Borders are:

- Adult Healthy Weight
- Child Healthy Weight
- Let's Prevent
- Counterpoint

The work streams for the East Regions are as follows:

- Whole systems approach (the focus was in Eyemouth for NHS Borders)
- Employer Scope
- Adult weight Management (Let's Prevent Diabetes, Diabetes Remission programme, Tier 2 weight management and Tier 3 specialist weight management)
- Child Healthy Weight (tier 2 and Tier 3 weight management).

NHS Lothian oversees the East regional diabetes programme therefore under Section 25 of the FOI(S)A 2002 an update on the current state of progress in relation to type 2 diabetes in the Scottish Borders can be obtained from them. For your information, please find the email address for NHS Lothian Freedom of Information: foi@nhslothian.scot.nhs.uk

2. There is an East Region Board – NHS Lothian, NHS Borders, and NHS Fife. There are ongoing discussions to restart these meetings. For information on membership this data would be available from NHS Lothian, therefore under Section 25 of the FOI(S)A 2002 we cannot provide.

3. NHS Borders do not hold any peer-reviewed data to support the assertion implicating dietary saturated fat as a cause of heart disease, therefore, this information is not held, as defined in Section 17, Freedom of Information (Scotland) Act 2002.

However, under Section 15 Duty to Provide Advice and Assistance, diet sheets offered to NHS Borders patients may refer to food fact sheets that are provided through the British Dietetic Association or NHS Choices websites. Other information sheets offered by NHS Borders are produced by Counterweight, Second Nature, and DESMOND (Leicester Diabetes Centre).

4. Please note the latest NHS Borders Public Health Report is available on our public website at the following link:

https://www.nhsborders.scot.nhs.uk/media/671789/DPHreportMAR19_low_res-final.pdf

Under Section 15 Duty to provide advice and assistance please find attached a PDF copy for your information:



Public Health Report
2018.pdf

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **698-22** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.