

Freedom of Information request 720-22

Request

Further to the below, I have two additional questions.

3. What was the combined number of working days lost due to mental health breaks in 2022. This would be any breaks from service not included in annual leave, due to high levels of stress. Please also provide this for calendar years 2018-2021.
4. In relation to Question 2, please provide as much detail as possible on this person's shift. E.g midwife had to work longer due to staffing issues, porter opted to take overtime etc

FOI 695-22

1. How many NHS staff members have had to take 'mental health' breaks in 2022? This would be any breaks from service not included in annual leave, due to high levels of stress. Please also provide this for calendar years 2018-2021.
2. What was the longest continuous shift an NHS member of staff completed in 2022? This would include overtime.

Response

3. The combined number of working days lost due to mental health breaks is:

2018 Oct-Dec only	2019	2020	2021	2022 to 30.11.22
10	3178.5	10556	9800	9310.5

4. The staff member who completed the longest continuous shift was a nurse covering for a vacant post on a ward in Borders General Hospital.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **720-22** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal

review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.