

Freedom of Information request 113-23

Request

1. At the time of responding, how many people* within your Health Board area have a diagnosis of bipolar disorder?
2. At the time of responding, how many people* within your Health Board area have a diagnosis of:
 - a) bipolar type I,
 - b) bipolar type II,
 - c) rapid cycling,
 - d) cyclothymia?
3. How many people* within your Health Board area were diagnosed with bipolar disorder (or any of the subcategories noted above) for the first time in 2018, 2019, 2020, 2021 and 2022? Please provide a total for each year, and additionally, a breakdown of statistics per month for each of these years.
4. How many people* within your Health Board area, with a diagnosed bipolar disorder condition, were admitted to inpatient psychiatric care during 2018, 2019, 2020, 2021 and 2022:
 - a) to an inpatient ward within your health board area,
 - b) to an inpatient ward in a different health board area?
5. How many people* within your Health Board area, with a diagnosed bipolar disorder (or any of the subcategories noted above), had also been assessed as lacking in capacity in accordance with the definition provided by the Adults with Incapacity (Scotland) Act 2000 during 2018, 2019, 2020, 2021 and 2022?
6. At the time of responding, how many people* within your Health Board area, with a diagnosed bipolar disorder (or any of the subcategories noted above), are under 16 years of age?
7. At the time of responding, how many people* within your Health Board area, with a diagnosed bipolar disorder (or any of the subcategories noted above), are under 21 years of age?
8. How many people* within your Health Board area, with a diagnosed bipolar disorder (or any of the subcategories noted above), received psychological therapies treatment during 2018, 2019, 2020, 2021 and 2022? Please exclude signposting or referral to online self-help resources or other activities that did not involve a qualified therapist or clinician.
9. At the time of responding, how many permanent consultant psychiatrists do you employ within your Health Board area (WTE)?
10. At the time of responding, how many consultant psychiatrist vacancies do you have within your Health Board area?
11. Of the number of vacant posts referred to in question 10, how many of these have been vacant for more than 12 months?
12. Which version of International Classification of Diseases (ICD) is currently operational and used to code bipolar disorders within your Health Board area?

13. Does your Health Board area provide (deliver directly or commission) any dedicated / specialised outpatient services to patients living with bipolar (eg services exclusively dedicated to bipolar, such as bipolar clinics, support groups, etc)? Please exclude any generalised mental health support services, non-interactive / non-personalised web-based services, or signposting.

14. If such services as outlined in question 13 are provided within your Health Board area, please provide:

- a) details of what those services are,
- b) the number of people* who attended each service during 2018, 2019, 2020, 2021 and 2022.

*For each question relating to the number of 'people', please provide separate figures for male and female. If your Health Board provides for recording of additional gender identities, please also delineate numbers by those additional groups. If delineating genders results in a <5 non-disclosure exemption, please provide the total number of 'people' instead.

Response

1. to 3. NHS Borders does not record diagnosis details of Bipolar electronically, the data may be held in a patient's record, but to extract this data would require a manual trawl of all patient records and the cost of carrying out this work would exceed the limit set in the Fees Regulations of the Freedom of Information (Scotland) Act 2002 and under Section 12 we are not required to provide.

4. The number of people with a diagnosed bipolar disorder condition, that were admitted to inpatient psychiatric care is:

a) To an inpatient ward within NHS Borders:

	2018	2019	2020	2021	2022
Female			9	6	5
Male			10	6	10
People*	6	15			
Total	6	15	19	12	15

b) To an inpatient ward in a different health board:

	2018	2019	2020	2021	2022
Female					
Male					
People*	0	0	0	<5	<5
Total	0	0	0	<5	<5

5. to 8. NHS Borders does not record diagnosis details of Bipolar electronically, the data may be held in a patient's record, but to extract this data would require a manual trawl of all patient records and the cost of carrying out this work would exceed the limit set in the Fees Regulations of the Freedom of Information (Scotland) Act 2002 and under Section 12 we are not required to provide.

9. NHS Borders currently employs 12.5 WTE permanent Consultant Psychiatrists.

10. NHS Borders currently has 2.6 WTE vacancies for Consultant Psychiatrists.

11. Of the 2.6 WTE vacancies, 1 WTE has been vacant for more than 12 months.

12. The version of International Classification of Diseases (ICD) currently operational and used to code bipolar disorders within NHS Borders is ICD10.

13. The NHS Borders area does not provide any dedicated / specialised outpatient services to patients living with Bipolar.

14. N/A

As the number of events in some areas are very small and in accordance with the Code of Practice for Official Statistics any number that is less than five, actual numbers and potentially identifiable information is withheld to help maintain patient confidentiality due to potential risk of disclosure. Further information is available in the [ISD Statistical Disclosure Control Protocol](#).

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **113-23** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.