

Freedom of Information request 150-23

Request

I would be grateful if you could please answer the following questions with regards to both tier 3 and tier 4 weight management services within your Health Board.

Please answer as many questions as you can - If a question is not relevant, please state N/A.

Tier 3

1. Does your Health Board offer a tier 3 weight management service (or equivalent specialist weight management service)? Is it self-commissioned? If commissioned elsewhere, where (which health board/ social care trust)?
2. For how many patients is your Health Board's tier 3 weight management service (or equivalent specialist weight management service) commissioned for?
3. How many patients have been referred from your Health Board to a tier 3 weight management service (or equivalent specialist weight management service) in the past 12 months?
4. What is the average waiting time to access your Tier 3 weight management service (or equivalent specialist weight management service) in the past 12 months?

Tier 4

5. Does your Health Board have access to a tier 4 weight management service? If so, who Commissions it?
6. How many patients have been referred to your Health Board's tier 4 weight management service (or equivalent specialist weight management service) in the past 12 months?
7. What is the current number of patients on a waiting list for Tier 4 weight management services in your Health Board?
8. What is the average waiting time to access the Tier 4 weight management service?

OTHER

9. How many patients were referred through the 'local enhanced service for referrals' to weight management services in your Health Board?

Response

1. NHS Borders offers a self-commissioned / in-house Tier 3 weight management service.
2. NHS Borders service is not commissioned as this is only applicable in England. Patients are seen as required, with no top limit.
3. There have been 301 NHS Borders patients referred to a tier 3 weight management service in the last 12 months.

4. The average waiting time to access the service is 40 weeks.
5. NHS Borders does not have access to a Tier 4 weight management service at present.
6. N/A
7. N/A
8. N/A
9. NHS Borders do not have a local enhanced service for referrals to weight management services – this is more in line with NHS England. Therefore, this information is not held, as defined in Section 17, Freedom of Information (Scotland) Act 2002.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **150-23** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.