

Freedom of Information request 162-23

Request

This request relates to **inpatient admissions** to your NHS board with a primary or secondary diagnosis of an **eating disorder** (please include all eating disorders - i.e. ICD10 code F50 - Eating Disorders).

1. Please state the number of inpatients with an eating disorder diagnosis that were **discharged** from your board in:
 - a. 2018
 - b. 2019
 - c. 2020
 - d. 2021
 - e. 2022
 - f. Total (1 Jan 2018 to 31 Dec 2022)

2. Please break down the early totals above by inpatient **BMI at time of discharge** in the following categories:
 - i. BMI > 18.5
 - ii. BMI 17-18.5
 - iii. BMI 16-16.99
 - iv. BMI 15-15.99
 - v. BMI <15kg

For ease, I have created a table template that can be completed. Please find it attached.



Eating disorder
inpatients - BMI at dis

If numbers above are so small that a significant proportion of the data is suppressed, please complete the alternative table outlining broader BMI categories also attached.

Response

1. The numbers of inpatients with an eating disorder diagnosis on discharge are:

2018	23
2019	13
2020	15
2021	16
2022	19
Total	86

2. NHS Borders do not routinely record the BMI of an inpatient with an eating disorder diagnosis as part of the discharge process. Therefore, this information is not held, as defined in Section 17, Freedom of Information (Scotland) Act 2002

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **162-23** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.