

Freedom of Information request 190-23

Request

I am looking to obtain details under the Freedom of Information Act relating to the number of young people referred to Child and Adolescent Mental Health Services (CAMHS) provided by health boards across Scotland.

Could this information please be broken down into figures for the year 2019 until present.

1. Could I please be provided with an indication of the ages of the young people referred (in whichever format your data allows, for example, by individual age or by age range).
2. Could I please be provided with details of waiting times service users have experienced before accessing the service, broken down over each year.

Response

1. The ages of the young people referred to NHS Borders CAMHS are:

Age at Referral (years)	2019	2020	2021	2022	2023 (Jan only)
1	0	<5	0	0	0
2	<5	0	<5	0	0
3	5	6	7	10	0
4	22	12	8	30	0
5	36	31	28	45	<5
6	36	30	46	36	8
7	32	34	36	48	<5
8	42	32	34	55	7
9	32	28	43	62	5
10	45	22	42	56	<5
11	37	46	44	40	5
12	53	45	56	71	<5
13	82	45	64	77	<5
14	86	70	81	92	9
15	71	59	75	95	5
16	71	65	74	77	6
17	60	29	54	65	5
18	0	<5	<5	0	0
22*	0	0	0	<5	0

Please note: These figures include all referrals to CAMHS, accepted and rejected.

* Referrals made to CAMHS for patient(s) over 18 years of age are rejected and referees are advised to re-refer to Adult Mental Health Services.

2. The details of waiting times service users have experienced before accessing the service are published on the Public Health Scotland website, therefore please note under Section 25 of the Freedom of Information (Scotland) Act 2002 this data is accessible elsewhere. For your information, please find below the link:
<https://publichealthscotland.scot/publications/child-and-adolescent-mental-health-services-camhs-waiting-times/child-and-adolescent-mental-health-services-camhs-waiting-times-quarter-ending-december-2022/>

As the number of events in some areas are very small and in accordance with the Code of Practice for Official Statistics any number that is less than five, actual numbers and potentially identifiable information is withheld to help maintain patient confidentiality due to potential risk of disclosure. Further information is available in the [ISD Statistical Disclosure Control Protocol](#).

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **190-23** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.