

Freedom of Information request 259-23

Request

I am emailing to ask if you could provide us with Postnatal Standards that would be used for the Borders General Hospital in 2022?

CLARIFICATION RECEIVED:

I am looking to know what standards the midwife is required to work to / duties to carry out in the community, in the immediate postnatal period, and before a woman's care is handed over to the health visitor. The date I am looking for is September 2022.

Response

The minimum routine Postnatal appointments by the Borders General Hospital are:

1st Contact within 36hrs of discharge from hospital.

Visit in person.

2nd Contact Day 3 if breast feeding/mix feeding or feeding concerns.

Visit in person with weight carried out and feeding plan put in place if required.

3rd Contact Day 4-5 (infant between 96-110hrs of age)

Visit in person.

New-born blood spot, weight

4th Contact Day 7 or 8

Offer of in person or telephone/ near me

Family centred, considering any issues or concerns raised during prior contacts.

5th Contact D9-11

Visit in person.

Transfer of care to Health Visitor (HV), weight.

Additional contacts may be arranged with family if ongoing concerns or support required. These contacts may be in addition to HV contacts and may be in person, phone or near me.

Maternity care is related to standards set by national groups such as:

- Royal College of Obstetricians and Gynaecologists (RCOG) [maternitystandards.pdf \(rcog.org.uk\)](#) - see section 9 for a recommended framework for Postnatal care. Please note some of these relate specifically to NHS England and this is referred to in the column on the right of the table.
- National Institute for Health & Care Excellence (NICE) [Recommendations | Postnatal care | Guidance | NICE](#)

NHS Borders infant feeding guideline is used for midwives to support women in their choice of feeding with a shared resource carried by all staff to enable them to make a joint care plan with the woman and her family

based on infant feeding, weight and general wellbeing of mum and baby. This guideline advises Community Midwives (CMWs) to weigh babies on day 3 if they are breast feeding/ mix feeding or if there are any feeding concerns.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **259-23** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.