

## Freedom of Information request 280-23

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### Request

1. How many Children have been referred to CAMHS since 1 January 2023, broken down by month?
2. How many Adults have been referred to CAMHS since 1 January 2023, broken down by month?
3. How many Children received an appointment, after having been referred to CAMHS, since 1 January 2023?
4. How many Adults received an appointment, after having been referred to CAMHS, since 1 January 2023?
5. How many Children are on a waiting list, after having been referred to CAMHS, and how many of these have been added since 1 January 2023?
6. How many Adults are on a waiting list, after having been referred to CAMHS, and how many of these have been added since 1 January 2023?

### Response

1. The number of children / adolescents referred to NHS Borders Children and Adolescents Mental Health Services (CAMHS) is:

Month of Referral	Number of Referrals	Number of Referrals Accepted
Jan-23	67	41
Feb-23	85	57
Mar-23	106	82
<b>Total</b>	258	180

2. CAMHS is a service for children and adolescents only, therefore, no adults (aged 18 years and over) have been referred.
3. Up to 31 March 2023, there have been 34 children / adolescents who have received an appointment with CAMHS having been referred, since 1 January 2023.
4. CAMHS is a service for children and adolescents only, therefore, no adults (aged 18 years and over) have received an appointment.
5. On 31 March 2023, there are 344 children / adolescents waiting for a treatment appointment having been referred to NHS Borders CAMHS. Of these, 146 have been added since 1 January 2023.

6. CAMHS is a service for children and adolescents only, therefore, no adults (aged 18 years and over) are on a waiting list for CAMHS.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **280-23** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.