

## Freedom of Information request 304-23

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### Request

I would be grateful if you could provide the following information:

1. (a) the total number of referrals to the health board's Children and Adolescent Mental Health Service in 2022 (calendar year),  
  
(b) the number of such referrals which were rejected, and  
  
(c) the number of rejected referrals broken down by the source of the referral, e.g. schools, GPs etc.
2. whether the health board's Children and Adolescent Mental Health Service  
  
(a) uses a standard or template letter when rejecting referrals,  
  
(b) if so, a copy of the standard or template letter, and  
  
(c) whether a case-specific explanation of the reasons for rejection is provided when a referral is rejected.

### Response

1. a) Please find below the number of referrals to CAMHS in 2022:

Month	Referrals Accepted	Referrals Rejected	All Referrals	Rejected Percentage
Jan-22	38	16	54	29.6%
Feb-22	27	17	44	38.6%
Mar-22	66	24	90	26.7%
Apr-22	40	24	64	37.5%
May-22	51	29	80	36.3%
Jun-22	58	16	74	21.6%
Jul-22	46	13	59	22.0%
Aug-22	39	17	56	30.4%
Sep-22	62	15	77	19.5%
Oct-22	55	24	79	30.4%
Nov-22	73	31	104	29.8%
Dec-22	56	23	79	29.1%
<b>Total</b>	<b>611</b>	<b>249</b>	<b>860</b>	

b) The number of such referrals which were rejected:

Month	Referrals Rejected	Rejected Percentage
Jan-22	16	29.6%
Feb-22	17	38.6%
Mar-22	24	26.7%
Apr-22	24	37.5%
May-22	29	36.3%
Jun-22	16	21.6%
Jul-22	13	22.0%
Aug-22	17	30.4%
Sep-22	15	19.5%
Oct-22	24	30.4%
Nov-22	31	29.8%
Dec-22	23	29.1%
<b>Total</b>	<b>249</b>	

c) The number of rejected referrals broken down by the source of the referral, e.g. schools, GPs etc.

Month	GP	Health Visitor	Local Authority / Voluntary Agency	Paediatric Occupational Therapist	Social Work Department	Consultant at this hospital	Border Crisis Team	School Nurse	TOTAL
Jan-22	14					2			16
Feb-22	13				3	1			17
Mar-22	21					1		2	24
Apr-22	22	1	1						24
May-22	28					1			29
Jun-22	16								16
Jul-22	11					2			13
Aug-22	16		1						17
Sep-22	12					2	1		15
Oct-22	18	1				5			24
Nov-22	25	1				5			31
Dec-22	19			1		2		1	23
<b>Total</b>	<b>215</b>	<b>3</b>	<b>2</b>	<b>1</b>	<b>3</b>	<b>21</b>	<b>1</b>	<b>3</b>	<b>249</b>

2. a) NHS Borders use a standard template.

b) Please find attached a copy of this letter template:



CAMHS Rejected Referrals by Source J:

c) A case specific reason is provided in rejection letter.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **304-23** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within

six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.