

Scottish Borders Alcohol Profile

May 2023

There are **456 places to buy alcohol** in Scottish Borders:

343 on-sales premises
(pubs and restaurants)



113 off-sales premises
(supermarkets and shops)

Scottish Liquor Licensing Statistics 2021-22.

In Scottish Borders, **24% of people** drink above the Chief Medical Officers' low-risk guidelines.

This includes **18% of women** and **32% of men**.



This compares to **24% of people** in Scotland who drink above the guidelines.

Scottish Health Survey.



Parental drinking was a concern identified for **12% of children** on the child protection register in Scottish Borders.

Children's Social Work Statistics 2020-21.

There were **405 alcohol-related hospital admissions** in Scottish Borders in 2021-22.

Alcohol related hospital statistics 2021-22.

The admission rate was lower than for Scotland as a whole.

ScotPho Profiles.

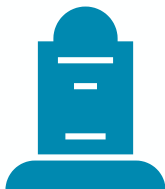


In Scottish Borders, **21 people** died because of alcohol in 2021, from conditions solely caused by alcohol.

Alcohol-specific deaths 2021.

The death rate was lower than for Scotland as a whole.

ScotPho Profiles.



The **true number** of alcohol deaths is **over 3 times as high** when including conditions such as cancer and cardiovascular diseases.

NHS Health Scotland.

53% of S2 and S4 students in Scottish Borders drink alcohol.

28% of S2 and S4 students in Scottish Borders drink alcohol at least once a month.

Health and Wellbeing Census Scotland 2021- 2022.



Every year, alcohol costs Scottish Borders **£30.50m or £270 per person**.

This includes:

Health service	£4.31m
Social care	£5.27m
Crime	£10.62m
Productive capacity	£10.29m



The Societal Cost of Alcohol Misuse in Scotland for 2007.

For full references and methods, visit www.alcohol-focus-scotland.org.uk/alcohol-information/local-alcohol-profiles

About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

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