

## Freedom of Information request 429-23

---

### Request

1. How many hospital admissions with related obesity have there been in this health board in each calendar year since 2018, please include 2023 to date.
2. In relation to question 1, how many 'bed days' are associated with these admissions? Please provide this for each calendar year since 2018, including the current financial year.
3. In relation to question 1, is there a cost associated with these admissions? Please provide this for each calendar year since 2018, including the current financial year.

### Response

1. The number hospital admissions of patients discharged with a diagnosis of Obesity is:

2018	2019	2020	2021	2022	Jan to Mar 2023
39	57	43	57	36	<5

2. The number of bed days associated with the admissions in Q1 is:

2018	2019	2020	2021	2022	Jan to Mar 2023
481	779	547	419	620	255

3. NHS Borders does not have specific beds for Obesity admissions, so these patients are admitted to a general medicine bed, therefore, this information is not held, as defined in Section 17, Freedom of Information (Scotland) Act 2002.

As the number of events in some areas are very small and in accordance with the Code of Practice for Official Statistics any number that is less than five, actual numbers and potentially identifiable information is withheld to help maintain patient confidentiality due to potential risk of disclosure. Further information is available in the [ISD Statistical Disclosure Control Protocol](#).

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **429-23** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.