



Are you concerned about a family member or a friend?

We can offer:

1-2-1

support when you are worried about a family member/friend's drug/alcohol use

CRAFT Group

Training for friends and family in partnership with CHIMES

3 goals of CRAFT

- Reduce a loved one's substance use
- Engage your loved one into treatment
- Improve your wellbeing

Telephone Support

Monday - Friday 9am – 5pm

Drop in service

Monday - Friday 11 am – 5 pm

We also provide a national webchat service on our website

www.wearewithyou.org.uk

Monday - Friday 9am – 9pm

Saturday - Sunday 10am – 4pm

If you would like further information, contact us on 01896 757843 Or Freephone 0800 028 6664