



BORDERS IN RECOVERY

RECOVERY CAFE ⁵ 16+

RUN BY PEOPLE WITH LIVED EXPERIENCE OF
RECOVERY

*"THE OPPOSITE OF ADDICTION IS NOT SOBRIETY;
IT'S CONNECTION" JOHANN HARI*

STARTING FROM 17TH APRIL
2-4PM ON MONDAYS @ PARISH CHURCH HALL,
HIGH STREET, PEEBLES



WWW.BORDERSINRECOVERY.ORG

SUPPORTED BY:

**we are
withyou**
in Borders



Recovery Coaching Scotland
Recovery, Resilience and Trauma Coaching

Youth
Wellbeing
Coaching
CIC