

Freedom of Information request 487-23

Request

1. In each of the following financial years, how many adults with known drug and/or alcohol issues or dependence were referred to your psychological talking therapies service by a GP?
If data for the number referred 'by a GP' is not available, please provide the number referred from primary care.

- i. 2018-19
- ii. 2019-20
- iii. 2020-21
- iv. 2021-22
- v. 2022-23

2. How many of those in question 1 were a) accepted and b) declined for support from your psychological talking therapies service? Please break the information down by the following financial years.

- i. 2018-19
- ii. 2019-20
- iii. 2020-21
- iv. 2021-22
- v. 2022-23

Please provide a figure for c) other, where relevant. For example, if the individual was referred but didn't engage further with your service and was therefore neither accepted nor declined.

3. In each of the following financial years, how many adults were referred to your psychological talking therapies service by drug and alcohol services?

- i. 2018-19
- ii. 2019-20
- iii. 2020-21
- iv. 2021-22
- v. 2022-23

4. How many of those in question 3 were a) accepted and b) declined for support from your psychological talking therapies service? Please break the information down by the following financial years.

- i. 2018-19
- ii. 2019-20
- iii. 2020-21
- iv. 2021-22
- v. 2022-23

Please provide a figure for c) other, where relevant. For example, if the individual was referred but didn't engage further with your service and was therefore neither accepted nor declined.

Response

1. Only referrals made directly by the three NHS Borders Drug and Alcohol Services are accepted for psychological talking therapies, therefore there have been no referrals made by a GP during 2018/19 to 2022/23. Please see the response to Question 3.

2. N/A

3. The number of adults referred to NHS Borders psychological talking therapies is:

- i) 2018-19 Due to system migration, this information is not held, as defined in Section 17, Freedom of Information (Scotland) Act 2002.
- ii) 2019-20 114
- iii) 2020-21 94
- iv) 2021-22 60
- v) 2022-23 80

4. The number of referrals accepted or declined for support from psychological talking therapies service is:

- i) 2018-19 Due to system migration, this information is not held, as defined in Section 17, Freedom of Information (Scotland) Act 2002.
- ii) 2019-20 107 accepted; 7 declined
- iii) 2020-21 89 accepted; 5 declined
- iv) 2021-22 55 accepted; 5 declined
- v) 2022-23 73 accepted; 7 declined

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **487-23** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.