

Freedom of Information request 509-23

Request

The use of Continuous Glucose Monitoring (CGM) in people living with diabetes is now being more encouraged. Type 1 adults, children & young people and Type 2 adults across NHS England and Wales all had the opportunity afforded them in March 2022 to have greater choice with the publication of NICE Guidance. (NG17, NG18 & NG28)

With recommendation for more widespread use of CGM devices can you outline if NHS Borders plans to offer choices?

Please can you tell me:

1. What policy is in place within NHS Borders for the use of CGM?
2. What criteria does NHS Borders employ when selecting patients for the offer/use of CGM?
3. If not already offered why would patient choice not be a major contributing factor in the allocation of CGM?

People living with T1 & T2 diabetes in NHS Borders are potentially experiencing inequalities in access to this technology. If the Health Board response is unsatisfactory, I shall be taking this to NHS Scotland, Health Watch & Diabetes Scotland.

Response

1. & 2. NHS Borders follow the National Scottish Government Guidelines for the offer / use of CGM, which were disseminated to all Boards in 2020, please find below the links to these guidelines:

Type 1 diabetes in Adults: Diagnosis and management. NICE guideline NG17
www.nice.org.uk/guidance/ng17

Type 1 diabetes in Children: Diagnosis and management. NICE guideline NG 18
www.nice.org.uk/guidance/ng18

3. This request is invalid. The Freedom of information (Scotland) Act 2002 provides a right of access to the information we hold. It does not require the public authority to express opinions, make suppositions or draw conclusions.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **509-23** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.