

## Freedom of Information request 615-23

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### Request

I would like to request the following information:

1. Whether NHS Borders has weight management service contracts with Slimming World/Miles Bramwell or WW/Weight Watchers, either directly or through a third party organisation?
  - Which other weight management services does NHS Borders have contracts with?
2. The total amount paid over the course of any current contracts with Slimming World – or estimated budget, where amount paid not available.
  - The total amount paid over the course of contracts with Slimming World -or estimated budget, where amount paid not available – for the following financial years: 2018-2019; 2019-2020; 2020-2021; 2021-2022; 2022-2023; 2023-present.
3. The total amount paid over the course of any current contracts with Weight Watchers/WW – or estimated budget, where amount paid not available.
  - The total amount paid over the course of contracts with Weight Watchers/WW – or estimated budget, where amount paid not available – for the following financial years: 2018-2019; 2019-2020; 2020-2021; 2021-2022; 2022-2023; 2023-present.
4. The start and end dates of active contracts with Slimming World.
5. The start and end dates of active contracts with Weight Watchers.
6. How many residents have accessed Slimming World through NHS Borders's partnership over the last five years, broken down by year?
7. How many residents have accessed Weight Watchers through NHS Borders's partnership over the last five years, broken down by year?

### Response

1. NHS Borders does not have weight management service contracts with Slimming World /Miles Bramwell or Weight Watchers.
  - NHS Borders use Second Nature and Live Borders.
2. N/A
3. N/A
4. N/A
5. N/A
6. N/A
7. N/A

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to,

Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **615-23** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.