



Festive Opening Hours of Drug & Alcohol Support Services



	Monday 23 Dec	Tuesday 24 Dec	Wed/Thu 25/26 Dec	Friday 27 Dec	Sat/Sun 28/29 Dec	Monday 30 Dec	Tuesday 31 Dec	Wed/Thu 1/2 Jan	Friday 3 Jan	Sat/Sun 4/5 Jan	
BAS	9-5	9-5	Closed	9-5	Closed	9-5	9-5	Closed	9-5	Closed	No Drop Ins 23 Dec – 5 Jan
CHIMES	9-5	9-5	Closed	9-5	Closed	9-5	9-5	Closed	9-5	Closed	
We Are With You	9-5	9-5	Closed	9-5	Closed	9-5	9-5	Closed	9-5	Closed	No Drop Ins 23 Dec – 5 Jan

Borders In Recovery	Monday 23 Dec	Tuesday 24 Dec	Wed/Thu 25/26 Dec	Friday 27 Dec	Saturday 28 Dec	Sunday 29 Dec	Monday 30 Dec	Tuesday 31 Dec	Wed/Thu 1/2 Jan	Friday 3 Jan	Saturday 4 Jan
	<u>Peebles Parish Church</u> SMART Meeting 12.30-1.45pm Recovery Café 2-4pm	<u>TD1 Youth Hub</u> Music Group 11am-1pm	Closed	<u>Focus Centre</u> SMART Meeting 3-4.30pm Recovery Café 5 - 7pm	<u>Focus Centre</u> Breakfast Club 10am -12pm	Closed	<u>Peebles Parish Church</u> SMART Meeting 12.30-1.45pm Recovery Café 2-4pm	<u>TD1 Youth Hub</u> Music Group 11am-1pm	Closed	<u>Focus centre</u> SMART Meeting 3-4.30pm Recovery Café 5-7pm	<u>Focus Centre</u> Breakfast Club 10am -12pm

We Are With You wearewithyou.org.uk	Mon 23 Dec	Tue 24 Dec	Wed 25 Dec	Thu 26 Dec	Friday 27 Dec	Sat/Sun 28/29 Dec	Mon 30 Dec	Tue 31 Dec	Wed 1 Jan	Thu/Fri 2/3 Jan	Sat/Sun 4/5 Jan
Online web chat https://www.wearewithyou.org.uk/help-and-advice/about-our-online-chat/	9am-9pm	9am-5pm	Closed	10am – 2pm	9am – 9pm	10am - 4pm	9am – 9pm	9am -5pm	10am -4pm	9am -9pm	10am -4pm

[NHS Borders Wellbeing Point](#): On this page you will find links to resources and useful information to help you look after your mental health and wellbeing.