Muay Thai

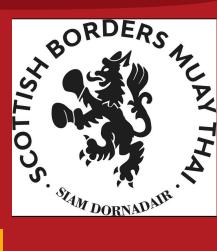
Are you in recovery from substance use or do you have a loved one who is?

Empower, Strengthen, Learn self defense & Build Confidence



This is a free class for our members: Get in touch to join the community!

BOOK NOW



TUESDAYS 3.30-4.30PM

Toby's Gym, Botany Mill, Roxburgh Street, Galashiels

www.bordersinrecovery.org

