



# Hawick SMART Recovery Meeting

A SMART recovery meeting is a facilitated programme that provides training & tools for people who want to change their problematic behaviour relating to substance use.

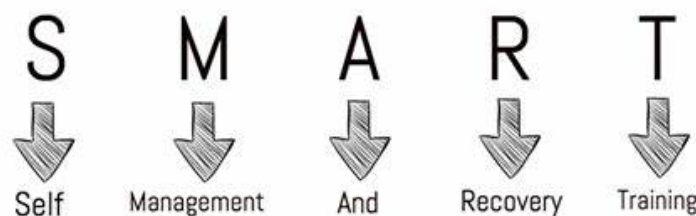
Weekly on Wednesdays  
2.15-3.15pm @  
Evergreen Hall, Hawick



16+



Borders in Recovery is run by people with lived experience of recovery for people in recovery & their family and friends.



Join us!

[www.bordersinrecovery.org](http://www.bordersinrecovery.org)

