## Older Adult & Caring

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Title: Caring for a parent in later life

Author(s): Judith Cameron

Publisher: Help the Aged

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This guide offers practical information on every aspect of caring for an older person as well as providing direction on where to seek further help. Tackles many other age related issues including:

- levels of care and how it may be provided
- housing options
- financial and legal matters
- health problems
- end of life issues

224 pages

The following titles are also available:

Helpful Hints for Carers – practical solutions for carers living with people with dementia

On the Tip of Your Tongue: your memory in later life

**Contented Dementia** 

Choices in retirement: your guide to the essential information

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