

Older Adult & Caring

11.7 

Date:

Title: **Coping with memory problems**

Author(s): **Linda Clare & Barbara Wilson**

Publisher: **Pearson**

Year: **1997** ISBN: **1874261117**

An excellent guide to memory problems and how to cope with them.

It explains in simple terms how the different types of memory work can be affected by illness or injury. It discusses different ways to cope with and adapt to memory problems, and explains the roles professions can have in diagnosing and treating these issues.

Also it includes a list of help lines and places that can provide further information. 64 pages

The following titles are also available:

Helpful Hints for Carers – practical solutions for carers living with people with dementia

Caring for a Parent in Later Life

On the Tip of Your Tongue: your memory in later life

Contented Dementia

Choices in retirement: your guide to the essential information

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