

# Scottish Urinary Tract Infection Network

## Newsletter February 2017



Hello

I am delighted to welcome you to the first issue of our Scottish Urinary Tract Infection Network newsletter which brings you the latest on what's happening across the Network.

In this issue, we focus on the objectives of the Network and let you know the latest development on a voluntary national catheter passport – exciting times, I'm sure you'll agree!

Do let me know your thoughts on what you'd like to see included, especially if you have any news or events you would like to share.

I look forward to hearing from you.

Best wishes

A handwritten signature in black ink that reads "Lesley Shepherd".

Lesley Shepherd  
Chair, SUTIN Board

Scottish Urinary Tract Infection Network  
(SUTIN) Newsletter  
Contact [NSS.ScottishUTINetwork@nhs.net](mailto:NSS.ScottishUTINetwork@nhs.net)  
Find out more at:  
<http://www.hps.scot.nhs.uk/haic/sutin.aspx>

### Background

Urinary Tract Infections (UTI) are the most common type of infection seen in acute and care settings in Scotland.

In an effort to tackle this problem, many UTI reduction resources have been developed by national organisations as well as at local level.

### What is the Scottish UTI Network (SUTIN)?

SUTIN co-ordinates the sharing of resources, promotes the development of a community from within NHS and social care settings that is intent on seeing the reduction of UTIs across Scotland.

### What are the aims of the SUTIN?

SUTIN has members from national organisations, continence and infection prevention specialists, educators, social care providers, researchers, and members of the public.

It aims to:

- Link practitioners at all levels
- Achieve a cohesive approach to UTI work in Scotland
- Facilitate shared learning
- Co-ordinate UTI work on:
  - Surveillance and other measurements
  - Interventions
  - Guidance and quality improvement tools
  - Education
  - Training and research.

### Current work

SUTIN is currently working on:

- Development of a voluntary National Catheter Passport - providing a personal record of urinary catheterisation to be used in all care settings and by the person with the catheter.

Further information can be found on our Network Knowledge Hub at <https://khub.net/group/scottish-uti-network>



### SUTIN

The network includes:

- Scottish Care
- Care Inspectorate
- NHS Education for Scotland (NES)
- Scottish Antimicrobial Prescribing Group (SAPG)
- NHS National Procurement
- Health Protection Scotland (HPS)
- Acute care
- Higher education (research)
- Representatives from care home, district nursing and community workers
- Network representatives:
  - Association of Continence Advisors (ACA)
  - Senior Infection Control Nurses Network
  - Prescribing advisors

## Development of a Voluntary National Catheter Passport

The National Catheter Passport (NCP) will be available to:

- be held and used by the person with the urinary catheter
- provide information related to personal care of the catheter.

Information in the NCP will cover aspects including:

- how to care for the catheter
- use of leg and night bags
- troubleshooting
- advice on sexual activity with a catheter
- tips on the maintenance of a healthy bladder and bowel
- when to seek professional help.

Additionally, the NCP provides a record to be used in all settings (acute, care home and community) by care and clinical staff.

This ensures easy and precise catheter-related communication.

It is envisaged that the NCP will be issued when the person moves between care settings with a urinary catheter in place (it is not applicable for short-term urinary catheterisation).

The NCP will be available for use across Scotland.

## Scottish Reduction in Antimicrobial Programme (ScRAP) – Addition of UTI Content

In 2013, the Scottish Antimicrobial Prescribing Group (SAPG) and NHS Education Scotland (NES) launched the Scottish Reduction in Antimicrobial Programme (ScRAP) – an interactive learning resource for primary care prescribers.

ScRAP aimed to support a reduction in unnecessary antibiotic prescribing for respiratory tract infection (RTI). As a result, antibiotic volumes have fallen in primary care for the last three consecutive years.

To support an ongoing reduction in unnecessary antibiotic prescribing, ScRAP is currently being refreshed to include small group interactive learning sessions on urinary tract infection (UTI).

These have been designed as three bite-size sessions to support 'lunchtime learning' and are as follows:

- uncomplicated female UTI
- complicated UTI (older people, catheter-associated, male)
- recurrent UTI.



The content focuses on improving management by discussing appropriate testing and diagnosis, appropriate treatments and alternatives to antibiotics such as delayed self-management. In the recurrent UTI session, consideration of when antibiotics should be used and reviewed is discussed.

These bite-size sessions add to the existing ScRAP content which has also been updated and reformatted into three sessions:

- resistance and healthcare associated infection
- public understanding and expectations
- targeting prescribing for respiratory tract infection (RTI).



The UTI content was piloted during October 2016 and the aim is to launch the resource early in 2017.

For further information on this programme, please contact Anne Thomson (ScRAP project manager) by email at [anne.thomson2@ggc.scot.nhs.uk](mailto:anne.thomson2@ggc.scot.nhs.uk)

## Dates for your diary

Preventing Catheter Associated Urinary Tract infections (CAUTIs) – at Forth Valley Hospital on Tuesday 28 February and Crosshouse Hospital on Friday 31 March. More information from [hai@nes.scot.nhs.uk](mailto:hai@nes.scot.nhs.uk).