

# Alcohol harm in Scottish Borders

There are **450** places you can buy alcohol in Scottish Borders.

**342** on-sales premises (pubs and restaurants).



**108** off-sales premises (supermarkets and shops).

Source: Scottish Government, Scottish Liquor Licensing Statistics 2020-21

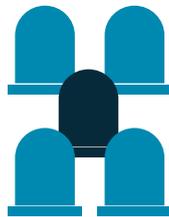
In Scottish Borders around **1 in 3 men** (31%) and **1 in 6 women** (18%) drink at levels harmful or hazardous to their health.



In Scotland as a whole, **1 in 4 people** drink above the low-risk guidelines.

Source: Scottish Health Survey 2019

In 2020, **15 people** died in Scottish Borders because of alcohol.



There were **1,190 alcohol-specific deaths** across the whole of Scotland in 2020.

Source: National Records for Scotland, 2021.

There were **447 alcohol-related hospital admissions** in Scottish Borders in 2020/21.



Rates of hospital admissions in Scottish Borders were **lower** than the Scottish average.

Source: Public Health Scotland, 2021



**38% of 13 year olds** and **75% of 15 year olds** have ever had an alcoholic drink in Scottish Borders.

Source: SALSUS, 2018



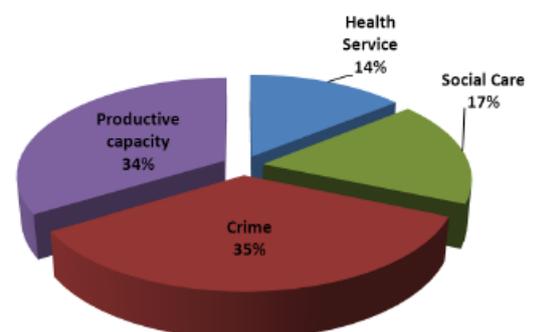
Parental alcohol use, on its own or in combination with drugs, was a concern identified for **66% of children** on the child protection register in Scotland.

Source: Scottish Government, Children's Social Work Statistics 2020-2021

Alcohol harms cost Scottish Borders **£30.50m** annually. This is **£270 per person**.



<b>HEALTH SERVICE:</b>	<b>£4.31m</b>
<b>SOCIAL CARE:</b>	<b>£5.27m</b>
<b>CRIME:</b>	<b>£10.62m</b>
<b>PRODUCTIVE CAPACITY:</b>	<b>£10.29m</b>
<b>TOTAL COST:</b>	<b>£30.50m</b>



The above total cost does not include wider social costs that estimate the value of non-paid work and intangible social costs associated with people who experience premature mortality from alcohol-related diseases. As these costs are hard to estimate accurately they have been excluded from the overall total, but are believed to be somewhere in the range of **£11.20m-£20.43m** for Scottish Borders.

Source: Local cost of alcohol profile, Alcohol Focus Scotland, 2012