

# Festive Opening Hours of Drug & Alcohol Support Services



| | Fri 22nd Dec | Sat/Sun 23/24th Dec | Mon/Tue 25/26th Dec Public Holiday | Wed/Thur 27/28thth Dec | Fri 29th Dec | Sat/Sun 30/31st Dec | Mon/Tues 1st/2nd Jan Public Holiday | Wed 3rd -5th Jan | Sat/Sun 6th/7th Jan |
|---|---|---|---|---|---|---|---|---|---|
| **BAS** | 9am - 5pm | CLOSED | CLOSED | 9am - 5pm | 9am - 5pm | CLOSED | CLOSED | 9am-5pm | CLOSED |
| **CHIMES** | 9am - 3pm | CLOSED | CLOSED | 9am – 5.30pm | 9am – 5pm | CLOSED | CLOSED | 9am -5.30pm | CLOSED |
| **We Are With You** | 9am - 5pm | CLOSED | CLOSED | 9am - 5pm | 9am - 5pm | CLOSED | CLOSED | 9am -5pm | CLOSED |

| Borders In Recovery | Fri 22nd Dec | Sat 23rd Dec | Sun/Mon/Tue 24-26th Dec | Wed 27th Dec | Thu 28th Dec | Fri 29th Dec | Sat 30th Dec | Sun/Mon/Tue 31st Dec – 2nd Jan |
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| | Focus Centre<br>Make a Difference Friday followed by Christmas Meal | Focus Centre<br>Breakfast Club 10am-12pm<br><br>Saturday Social 3.30-7.30pm Includes SMART Recovery Meeting, snacks and social activities (board games, film etc) | Closed | Burnfoot Hub<br>Hawick Families Group 4-5.30pm<br><br>Evergreen Hall<br>Recovery Café 3.30-5.30pm | Church Hall<br>Eyemouth Recovery Café 2-4pm | Focus Centre<br>SMART Recovery Group 3.30-5pm<br><br>Recovery Café 5-7pm | Focus Centre<br>Saturday Social 3.30-7.30pm Includes SMART Recovery Meeting, snacks and social activities (board games, film etc) | Closed<br><br>Normal Service resumes from 3rd January 2024 |

| We Are With You<br>wearewithyou.org.uk | 24th Dec | 25th Dec | 26th Dec | 27th - 29th Dec | 30/31st Dec | 1st & 2nd Jan | 3rd - 5th Jan | 6-7th Jan |
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| Online web chat<br>https://www.wearewithyou.org.uk/help-and-advice/about-our-online-chat/ | Webchat 10am – 4pm | Closed | Webchat 10am – 2pm | Webchat 9am – 9pm | Webchat 10am -4pm | Webchat 10am – 4pm | Webchat 9am -9pm | Webchat 10-4pm |

NHS Borders Wellbeing Point: On this page you will find links to resources and useful information to help you look after your mental health and wellbeing.